

Annapolis Periodontics

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PRE-SURGICAL INSTRUCTIONS WITH ORAL SEDATION

- 1. PLEASE GET YOUR PRESCRIPTIONS FILLED AHEAD OF TIME. You may need to start taking your medication(s) the day PRIOR to your appointment. If you have not received your prescriptions, please call the office!**
2. No food or water for 12 hours prior to appointment (except medications that are taken on a daily basis)
3. No stimulants for 12 hours before and 12 hours after appointment (caffeine or nicotine)
4. No alcohol for 24 hours prior to appointment and for 24 hours after appointment.
5. No antacids or anti-depressants for 24 hours prior to appointment
6. You must have someone drive you to your appointment who will stay with you when you return home for 12 hours after the procedure. No driving for 24 hours after your appointment. We will not dismiss you for a ride share service such as a taxi, uber, lyft, etc.
7. No heavy lifting, operating of hazardous devices, no important decisions (no work) for 24 hours.
8. Please avoid stairs until you are completely recovered.
9. If you normally wear contact lenses, we ask that you not wear them to your appointment.
10. After the surgery, good nutrition is important for good healing. You may be required to eat soft foods for the first 2 weeks. If so, please make them high protein foods such as scrambled eggs, ground beef, fish, cottage cheese, and other soft foods you can easily cut with a fork. Please plan to have foods like these available. Drink plenty of fluids.
11. After the surgery, we would like you to keep the surgical area colder than normal in order to minimize bleeding and swelling problems. You can use either a regular ice bag or any convenient plastic bag with a towel wrapped around it. Please make provisions for this.
12. Research has shown that some antibiotics have a potential to interact with birth control pills causing the pills to be less effective when taking the antibiotic and possible for 7-10 days after completing the prescription.

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Medication, Herbal, and Dietary Supplements may increase tendency or contribute to bruising and bleeding. Please see chart below:

Please check the labels of all medicines that you take, even those available without a prescription, to make sure you are not taking any of these substances. *Please consult your physician before stopping any prescribed medication.*

If you need minor pain medication prior to your surgery, please take Tylenol (acetaminophen). If you are allergic to Tylenol or unable to take it for some other reason, please notify us so that we might arrange for a suitable substitute

Aleve	Feldene
Alka Seltzer	Flurbiprophen Sodium
Advil	Fiorinal
Anacin	Four Way Cold Tabs
Anaprox	Goody's Headache Powder & Tablets
	Ibuprofen
Anaproxn	Indocin
Ansaid	Indomethacin
APC	Magsal Tablets
ASA	Meclomen
Aspirin	Medipre
Ascriptin	Midol-200
Aspergum	Midol Caplets and PMS formula
Aspercream	Mobigesic Tablets
Aspirin	Norgesic & Norgesic Forte Tablets
BC Powder	Pepto-Bismol Tablets
B C Cold Powder	and liquid
Bufferin	Percodan
Buffex	Percodan-Demi
Brufen	Persantine
Cama Arthritis Pain Reliever	Quagesic
Cephalgesic	Robaxisal
Children's aspirin	Rufen
Clinoril	Sine Aid
Congesprin	Sine Off
Cope	Soma Compound w/Codeine and without
Coricidin	Synalgos-DC Capsules
Coumadin	Talwin Compund Tablets
Darvon	Trandate
Darvon with ASA	Trental
Disalcis Tablets and Caps	Trilisate
Doan's Pills regular and	Vanquish
Extra strength	Vioxx
Dolobid	Voltaren
Dristan	Wesprin
Duradyne Tablets	Zacrin
Easpirin	Zorprin
Ecotrin	Herbal & Dietary Supplements
Emprin	Bilberry
Emprazil	Cayenne
Excedrin	Echinacea Ginseng
Equagesic Tablets	Feverfew Ginko Biloba
	Fish Emulsions
	Garlic Supplements
	Ginger
	Kava Kava & Valerian
	Licorice Root
	MaHuang (ephedra)
	Melatonin
	Salicin (Willow Bark)
	St.John's Wort
	Vitamin E
	Yohimbe